

SEVENTH AVE.

S P I R I T W E A R



SPRING

Sale



SAVE 20%
SITewide

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SPRING



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TO ORDER

SHOP AT: [1STPLACE.SALE/30529](https://1stplace.sale/30529)

SALE RUNS MARCH 10TH - APRIL 1ST



MEXICAN GRILL | TEQUILA BAR

9932 WEST 55TH STREET COUNTRYSIDE, IL 60525
WWW.CAFESALSA.COM

**Seventh Avenue School
Dine & Donate w/ Café Salsa
Tuesday, April 8**

Present this flyer with your order on Tuesday, April 8,
(dine-in or carry-out) and 10% of your purchase will
come back to our school to help support our
teachers, students and staff!

**MUST present paper
copy of this flyer with
order!**

**Dine & Donate at
Café Salsa**

Tuesday, April 8

**ALL DAY!!
11 AM – 9 PM**

**THIS FLYER IS
REQUIRED!**

**Step away from
the stove and
let Café Salsa
handle lunch
and/or dinner!**

**10% of your
purchase goes
back to the
SASPTO**



**GOURMET
GORILLA**

K-8 Hot Lunch

April 2025



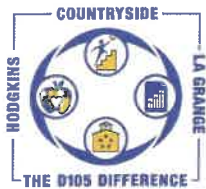
Monday Tuesday Wednesday Thursday Friday

<u>Monday, March 31</u>	<u>Tuesday, April 1</u>	<u>Wednesday, April 2</u>	<u>Thursday, April 3</u>	<u>Friday, April 4</u>
SPRING BREAK				
<u>Monday, April 7</u> Crispy Buffalo Chicken Poty - 1 ea <i>Veggie Burger</i> WG Hamburger Bun Peas - 4 fl oz Celery - 2 fl oz Applesauce - 4 fl oz	<u>Tuesday, April 8</u> Jerk Glazed Chicken Meatballs - 3 ea <i>Jerk Tofu - 2 slices</i> Arroz Verde - 6 fl oz Baby Carrots - 4 fl oz Black Beans - 2 fl oz Pear Slices - 4 ea	<u>Wednesday, April 9</u> WG Elbow Noodles - 6 fl oz Homemade Cheese Sauce - 4 fl oz Broccoli - 4 fl oz Cherry Tomatoes - 2 fl oz Orange Slices - 4 ea	<u>Thursday, April 10</u> Red Pozole w/ Chicken - 8 fl oz <i>Vegetarian Red Pozole</i> Tortilla Chips - 10 ea Cabbage - 4 fl oz Red Pepper Strips - 2 fl oz Pineapple - 4 fl oz	<u>Friday, April 11</u> WG Bosco Sticks - 2 ea Marinara Sauce - 4 fl oz Italian Chickpea Salad - 2 fl oz Melon - 4 fl oz
<u>Monday, April 14</u> Beef Burger w/ American Cheese <i>Veggie Burger</i> WG Hamburger Bun Steamed Carrots - 4 fl oz Pickle Chips - 2 fl oz Applesauce - 4 fl oz <i>Ketchup & Mustard Packet</i>	<u>Tuesday, April 15</u> Adobo Chicken - 2 oz <i>Adobo Tofu - 2 slices</i> Spanish Rice - 6 fl oz Corn Salad - 4 fl oz Seasoned Black Beans - 2 fl oz Pear Slices - 4 ea	<u>Wednesday, April 16</u> WG Pasta - 6 fl oz Tomato Cream Sauce - 3 fl oz Mozzarella Cheese - 1.5 oz Squash Medley - 4 fl oz Cherry Tomatoes - 2 fl oz Apple Slices - 4 ea	<u>Thursday, April 17</u> WG Chicken Nuggets - 5 ea <i>GFOEF Veggie Nuggets</i> WG Bread Slice - 1 ea Broccoli - 4 fl oz Lemony Chickpea Salad - 2 fl oz Melon - 4 fl oz <i>Ketchup Packet</i>	<u>Friday, April 18</u> Scrambled Eggs - 2 fl oz WG Pancakes - 2 ea Breakfast Syrup - 1 ea Roasted Potatoes - 4 fl oz Cucumber Slices - 2 fl oz Fruit Salad CHP - 4 fl oz
<u>Monday, April 21</u> WG Chicken Patty <i>Veggie Burger</i> WG Hamburger Bun Steamed Carrots - 4 fl oz Red Bean Salad - 2 fl oz Orange Slices - 4 ea <i>Ketchup Packet</i>	<u>Tuesday, April 22</u> Zesty BBQ Chicken Drumstick - 1 ea <i>Zesty BBQ Tofu - 2 slices</i> Brown Rice - 6 fl oz Peas - 4 fl oz Sweet Soy Slaw - 2 fl oz Apple Slices - 4 ea	<u>Wednesday, April 23</u> WG Mocktail - 8 fl oz Garlic Green Beans - 4 fl oz Cherry Tomatoes - 2 fl oz Pear Slices - 4 slices	<u>Thursday, April 24</u> Mojo Chicken - 2 oz <i>Greek Tomato Lentils - 4 fl oz</i> <i>w/ Brown Rice - 6 fl oz</i> WG Pita Bread - 1/2 ea Roasted Potatoes - 4 fl oz Cucumber Slices - 2 fl oz Melon - 4 fl oz	<u>Friday, April 25</u> Tomato Pesto Pizza - 1 ea Broccoli - 4 fl oz Chickpeas - 2 fl oz Fruit Salad CHP - 4 fl oz
<u>Monday, April 28</u> Beef Hot Dog <i>Veggie Dog</i> WG Hot Dog Bun Baby Carrots - 4 fl oz Pickle Chips - 2 fl oz Orange Slices - 4 ea <i>Ketchup & Mustard Packet</i>	<u>Tuesday, April 29</u> WG Chicken Nuggets - 5 ea <i>GFOEF Veggie Nuggets</i> WG Bread Slice - 1 ea Green Beans - 4 fl oz Seasoned Black Beans - 2 fl oz Apple Slices - 4 ea <i>Ketchup Packet</i>	<u>Wednesday, April 30</u> Turkey Tinga Quesadilla - 1 ea <i>Cheddar Quesadilla</i> Sweet Corn - 4 fl oz Jicama & Cucumber Relish - 2 fl oz Pear Slices - 4 ea	<u>Thursday, May 1</u> Teriyaki Chicken - 2 oz <i>Teriyaki Tofu</i> (Not-so) Fried Rice - 6 fl oz Peas & Carrots - 4 fl oz Edamame - 2 fl oz Melon - 4 fl oz	<u>Friday, May 2</u> WG Pasta - 6 fl oz Creamy Pen Pen Sauce - 3 fl oz Mozzarella Cheese - 2 oz Garlic Herb Breadstick - 1 ea Broccoli - 4 fl oz Baby Carrots - 2 fl oz Fruit Salad CHP - 4 fl oz

WG = Whole Grain
Fruit Salad CHP = Cantaloupe/Honeydew/Pineapple

*Two types of milk offered with each meal
**This company is an equal opportunity employer

GourmetGorilla.com



THE D105 CONNECTION CENTER PRESENTS

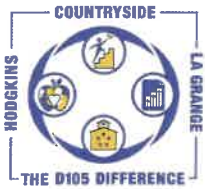
FAMILY GAME NIGHT

**THURSDAY, APRIL 10, 2025
@ HODGKINS SCHOOL**

6:00 PM-7:30 PM

All D105 Families are invited to join us in the Hodgkins Multipurpose Room for an evening of games, prizes, and family fun!!





EL CENTRO DE CONEXIÓN D105 PRESENTA

NOCHE DE JUEGOS EN FAMILIA

**JUEVES 10 DE ABRIL DE 2025
EN LA ESCUELA HODGKINS**

6:00 PM-7:30 PM

**¡Todas las familias del D105 están
invitadas a unirse a nosotros en la
sala de usos múltiples Hodgkins para
una noche de juegos, premios y
diversión familiar!**



5K

FAMILY FUN RUN & WALK



SPRING AVE • IDEAL • HODGKINS • SEVENTH AVE • GURRIE

APRIL 27, 2025
COUNTRYSIDE PARK
STARTS AT 9 AM

\$25 per adult
\$10 per child (12 yrs and under)

Put on your running shoes, gather your friends and family, and join us for a day of joy, fitness, and D105 community spirit!



Sponsorship inquiries?
Email us at
D105Foundation@D105.net



5K

**CARRERA Y
CAMINATA
DIVERTIDAS
EN FAMILIA**



27 DE ABRIL DE 2025

**PARQUE DE COUNTRYSIDE
COMIENZA A LAS 9 AM**

**\$25 por adulto
\$10 por niño (12 años y menores)**

¡Ponte tus zapatos de correr,
reúne a tus amigos y familiares y
únete a nosotros para un día de
alegría, ejercicio y convivencia
comunitaria D105!



¿Tiene consultas sobre
patrocinio?



Envíenos un correo electrónico
a D105Foundation@D105.net



**FREE
ADMISSION**

APRIL 10

5:30pm - 8:00pm

Helping Hand

9649 W 55th St, Countryside

Healthy Aging

presented by:

OptWell

choosing healthy. thriving together.

www.optwell.org



Resource Fair - Presentations by Experts - Light Bites

- Learn how to reduce your risk of Alzheimer's and dementia
- Discover when and how to seek support for yourself or a loved one

Need Transportation?

Please call to arrange by April 2nd:

CARS @708-354-9328

Township of Lyons @708-354-0292

REGISTER HERE

[https://optwell-healthyaging.
eventbrite.com](https://optwell-healthyaging.eventbrite.com)

OR CALL ALZHEIMER'S ASSOCIATION

@ 800.272.3900 (OPT. 1)



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LIVE SPANISH AND ASL INTERPRETATION



D105

WRITERS' SHOWCASE



Grades
K-8

Write!
Enter to win!

Pieces Due
April 11

DETAILS & RULES

- 1-2 page pieces
- Type in a Google Doc
- Single author
- Original work only
- Win a Barnes & Noble gift card & chance to read your piece to a live audience!

★ **ALL** ★
GENRES!

Poetry
Narrative
Informational



How to
Register?

Go to the D105 Webpage and look for the entry form!

QR Code

